## **Upcoming Events**

Marlins Spring IceBreaker – March 29 Lasers Bridge City Spring Classic – April 10-13 Michelle Moore Invitational – May 9-11

## Marlins Spring IceBreaker

Marlins Spring IceBreaker meet is this Saturday at the Lawson Aquatic Centre. Good luck to all 74 RODS swimmers attending. Heat sheets and Psych sheets are posted to the events page.

Meet Schedule

## Finis Pullbuoys Available

For any Intro to Competitive swimmers who do not have a pullbuoy yet, there will be a limited number of junior size Finis pullbuoys available for purchase at the U of R pool next week.



## **Fundraising Opportunities**

Bingos for April and May are posted to the events page. Sign up for Bingo shifts at Fantasyland Bingo at 2029 Park Street and earn \$14 per hour towards your swim account.

**Team Events** 

## RODS Online 50/50 Cash Raffle

Purchase your tickets to support the team and help our RODS swimmers achieve their goals! The draw will be made on Sunday, May 11 at the Michelle Moore Invitational meet. Please share with your family and friends. Current total is \$1705.00!

https://www.rafflebox.ca/raffle/rods



## **April Schedules**

April schedules are posted to the website **Training Schedules** 

Take note of schedule change to Friday, April 18.

## **Upcoming Events**

## Lasers Bridge City Spring Classic

Shaw Centre, Saskatoon

April 10-13

#### Michelle Moore Invitational

Lawson Aquatic Centre, Regina

RODS hosted event, parents please be available to help officiate

May 9-11

## Mel Zajac International Swim Meet

**UBC**, Vancouver

May 15-19

#### **CSI**

MNP Centre, Calgary

Mel Zajac swimmers are welcome to sign up if they would like to attend both meets

May 28-June 2

## Anna Rondeau Challenge and Time Trial

Lawson Aquatic Centre, Regina

June 8



## **WEEKLY NEWSLETTER**

## Friday, March 28, 2025

#### 2025 RODS Canada Games Qualification Pathway Jan 17-19 First LC Race of 2024-2025 Season **RODS Winter** "Training Meet" - expectation to race hard. Swimmers should aim to do their best. Classic Official Start Of LC Season Mar 29 "Training Meet" - expectation to race hard. Regina Marlins Swimmers should aim to do their best. Spring Icebreaker Apr 10-13 Slight rest point for some swimmers - race Saskatoon Lasers heats & finals - progress, not perfection. Bridge City Spring Good opportunity to improve & post times. May 9-11 Staging meet for Zajac (race light schedule), Michelle Moore and another progress point from Saskatoon. (Light Schedule) May 9-11 Non-Zajac swimmers will race a full schedule Mel Zajac Qualifiers Only Michelle Moore looking to post times in their events at home. (Full Schedule) May 16-18 High level elevating experience, core Mel Zajac Jr qualification opportunity, time to race up! International Expect to raise your game and be bold. ----- Canadian Trials Deadline: May 20th, 2025 -----Traditionally a great racing opportunity - a solid last chance opportunity to make Trials May 29-Jun 1 and post Canada Games times! More racing opportunities than Zajac due to lower level. International Race above your level, then come back & win! ----- Canadian Trials LATE Deadline: June 6th, 2025 -----One more opportunity if needed. Jun 7 - 12 Jun 8 Elevating experience of competing at Otherwise, "training meet" for Canadian RODS Anna Rondeau Challenge / Time Trial Canadian Trials! ManSask+! **Swimming Trials** ----- Canada Games Deadline: June 15th, 2025 ------July 10-13 Fun, fast meet and end of season for some Summer ManSask swimmers. Race hard against MANTA + GOLD! Championships -- Nationals Deadline: July 22nd, 2025 -----Aug 7-10 Aug 8 - 17 Elevating experience of competing in Done for the Canadian Nationals 2025 Canada Games a major event! Season - Enjoy!! (St. Johns, NL) (Sherbrooke, QC)



# **WEEKLY NEWSLETTER**

Friday, March 28, 2025

## THANK YOU TO OUR TEAM SPONSORS























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