BRAINSPORT

DEVELOPMENTAL



February 11 & 12, 2017

Sanction # 20525

MEET MANAGER Belinda Bilous jaydensmom@sasktel.net 306-241-9749 CO-MEET MANAGER Kalen Paulson k.paulson@sasktel.net 306-373-2526

OFFICIALS COORDINATOR

Erin Ottley goldfinsofficials@gmail.com 306-202-0213 ENTRIES

Belinda Bilous jaydensmom@sasktel.net 306-241-9749



SUPPORTED BY:

BRAINSPORT DEVELOPMENTAL

DATES: February 11 & 12, 2017

LOCATION: Shaw Centre

122 Bowlt Cres. SASKATOON, Saskatchewan 306-975-7744

FACILITY:

1 - 50 Metre X 10 Lane Competition Pool No cool down pool Non Turbulent Lane Markers Daktronics Electronic Timing System HY-TEK Meet Manager Computer Software

ELIGIBILITY:

No qualifying times are required for this competition.

Open to all swimmers registered "competitive" with Swimming Canada, U.S. A. Swimming, or FINA.

Swimmers must be a minimum of 7 years of age as of the first day of competition.

PARA entries will be accepted and will swim integrated with able-bodied in both prelims and finals.

Please note that there are no PARA-specific entry standards.

All entries must include valid long course entry time, converted long course time or be designated NT. NT will be seeded last.

AGE GROUP CATEGORIES:

Age Group based on age of swimmer on February 11, 2017.

Female - 10 & under, 11-12, 13 & over Male - 11 & under, 12-13, 14 & over

ENTRY DEADLINE:

All entries must be completed through Swim Canada Online System and be received by **MIDNIGHT (EST)**, **February 2**, **2017**. Please direct all inquiries regarding the HY-TEK computer entries to Belinda Bilous email: jaydensmom@sasktel.net Phone: 306-241-9749

Entries will be capped at 160 swimmers in order to adhere to suggested guidelines for start and finish times and session lengths.

ENTRY FEES:

\$50 Athlete Surcharge Swimmers may enter **6** individual events, **maximum 3 per session**.

A cheque payable to the **Saskatoon Goldfins Swim Club** must be received by the Clerk of Course before the team competes. **The cheque amount must be consistent with the entry file at closing**.

DECK ENTRIES:

Additional swims may be permitted if empty lanes are available, but no additional heats will be created. The cost of all deck entries will be

\$10 per individual event, \$20 per relay. Payment must be paid to the Clerk of Course prior to the swim. These swims are exhibition only.

COMPETITION FORMAT:

All events are timed finals.

Current SNC rules apply during this meet except as specifically modified in this meet package.

Note: due to constraints in the availability of officials, **SW 2.6.3** will not apply for the provision of lap counters. Swimmers who require lap counters for the 800 event must supply these. Meet management will

permit one lap counter per swimmer at the turn end of the pool.

IPC rules will be followed for PARA swimmers competing in the meet.

SEEDING:

All events will be open seeding slowest to fastest by gender. Only the top 40 entries in each gender for the 400 IM will be accepted.

The 800 Free will be seeded fastest to Slowest and alternating F/M. Only the top 40 entries in each gender for the 800 Free will be accepted.

Heats 1 & 2 will combine and Heats 3 & 4 will combine to have 2 swimmers per lane.

Athletes who do not make the top 40 will be notified and allowed to enter another event.

Swimmers for the 800 Free will need to **supply a Timing Official**. Please email a list of names & phone numbers to: <u>goldfinsofficials@gmail.com</u>

SCRATCHES:

Scratch forms will be provided at the meet and must be returned to the clerk of course in accordance with CSW 3.6.

There will be no refund of entry fees for scratches after the entry deadline **February 2nd**, **2017**.

- a) Scratches from the 800 Free must be made 45 minutes prior to the start of the session in which it is held.
- b) Scratches from <u>Timed Finals</u> may be made at any time without penalty, except for loss of entry fee.

MEET RESULTS:

Meet results will be posted on the Goldfins web site at:

www.goldfins.ca

Live update of unofficial results will be available through Meet Mobile. Results will be uploaded to the SNC site. No points scoring.

AWARDS:

Medals for 1^{st} to 3^{rd} place Ribbons for 4^{th} to 10^{th} place



A coaches' meeting may be held during Saturday warm-ups.

PROTESTS: In accordance with Rule GR 9.2

OFFICIAL SPLITS:

In accordance with SNC Swimming Rule CSW 13.3.1.1. Official split request forms will be available through the meet manager or by downloading from the Swim Saks or Swimming Canada website.

OFFICIALS:

Visiting clubs are encouraged to participate in officiating at the meet at whatever levels they may be qualified. Please advise the Officials Coordinator of any available officials and their level of qualification.

MEET SAFETY RULES:

SNC Warm up procedures will be in effect at this meet, as per the Swimming Canada Competition Warm-Up Safety Procedures (September 26/2016) (See last 2 pages).

There will be **35 minutes** of warm-up time available with the **last 10 minutes** available for practicing race starts.

There will be no warm-up lane assignments. As lanes are usually crowded, co-operation and courtesy of all coaches and athletes is expected.

Warm-up times and length may be changed by the Meet Manager based on timeline restrictions.

During warm-ups, no swimmer shall enter the pool by using a dive. **NO DIVING ALLOWED - EXCEPTION:** During the last **10 minutes** of the warm up **Lanes 0, 1, 8, and 9** will be designated as diving lanes. During this period only ONE WAY SWIMMING will be allowed in these lanes. At the discretion of meet management Lanes 2 and 7 may be designated pace lanes.

NOTE: Coaches are responsible to inform their swimmers and ensure their discipline and adherence to the MEET SAFETY RULES.

Deck changing will <u>not</u> be allowed as per Swim Saskatchewan policy.

GENERAL INFO:

During breaks, coaches and chaperones are welcome in the Officials' room.

Clubs will be responsible for their personal valuables and for the conduct of their swimmers.

Please have your club's area in the stands and on deck **cleaned up** before you leave each day.

Swimmers caught vandalizing pool property or using offensive language will be disqualified from the meet and any expenses incurred as a result of the vandalism will be billed to their Club.

PREFERRED ACCOMODATIONS:

Home Inn & Suites Saskatoon South 253 Willis Crescent Saskatoon, SK S4T 0V2 306 -657-4663

Bright contemporary quarters, free continental breakfast Rooms with great rates have been blocked. Ask for the Saskatoon Goldfins Swim Club blocked rooms.

ORDER OF EVENTS:

SATURDAY pm February 11th Warm-up 12:30 pm, Start 1:15 pm

ORDER of EVENTS Session 1

- 200 Free, Timed Final
- 50 Breast, Timed Final
- 200 IM, Timed Final
- 50 Back, Timed Final
- 800 Free, Timed Final

SUNDAY pm February 12th Warm-up 12:30 pm, Start 1:15 pm

ORDER of EVENTS Session 2

- 400 IM, Timed Final
- 50 Free, Timed Final
- 200 Breast, Timed Final
- 200 Back, Timed Final
- 50 Fly, Timed Final







COMPETITION WARM-UP SAFETY PROCEDURES

September 26, 2016

Meet Management for all sanctioned Canadian swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool FEET FIRST in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warmup time. Any such lane usage must be communicated through a pre-competition handout, an announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for higher level or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for higher level or senior competitions.





COMPETITION WARM-UP SAFETY PROCEDURES

September 26, 2016

VOLATIONS:

It is recognized that there is a level of interpretation and common senses that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgement and context is required.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion will be removed without warning from their first event following the warm-up period in which the violation occurred.
- In the case of a second offense during the same competition the swimmer will be removed from the competition in its entirety. A provincial disciplinary action or report may be filed.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest
- Be situated at each end of the competition tank and when applicable, similarly situated in designated warm-up tanks when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a young swimmer on the rules or communicating a concern to a coach.

Judgement, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

"SWIMMING CANADA WARM-UP COMPETITION SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."